

# *Moderate aortic stenosis*

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# Presenter Disclosure Information

*Antonio Colombo*

Nothing to disclose

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International meeting

# Asymptomatic pts

Low EF less than 50%: SAVR or TAVI

EF higher check for one of the followings:

High gradient AS, Vmax progression more than 0.3/m/s/yr, elevated BNP,NT or proBNP, EF less than 55%, exercise test with fall BP

Intervention should be considered in asymptomatic patients with severe AS and LVEF  $\geq 50\%$ , if the procedural risk is low and one of the following parameters is present:

- Very severe AS (mean gradient  $\geq 60$  mmHg or Vmax  $> 5.0$  m/s).
- Severe valve calcification (ideally assessed by CCT) and Vmax progression  $\geq 3$  m/s/year.
- Markedly elevated BNP/NT-proBNP levels (more than three times age- and sex-corrected normal range, confirmed on repeated measurement without other explanation).
- LVEF  $< 55\%$  without another cause.



Values of  $> 2000$  Agatston units (AU) in men and  $> 1200$  AU in women indicate severe AS with high sensitivity and specificity ( $\sim 85\%$ )

TAVI is recommended in patients  $\geq 70$  years of age with tricuspid AV stenosis, if the anatomy is suitable.

I

A

SAVR is recommended in patients  $< 70$  years of age, if the surgical risk is low.

I

B

SAVR or TAVI are recommended for all remaining candidates for an aortic BHV according to Heart Team assessment

I

B

Non-transfemoral TAVI should be considered in patients who are unsuitable for surgery and transfemoral access.

IIa

B

# Transcatheter Aortic-Valve Replacement for Asymptomatic Severe Aortic Stenosis

**Authors:** Philippe Généreux, M.D., Allan Schwartz, M.D., J. Bradley Oldemeyer, M.D., Philippe Pibarot, D.V.M., Ph.D., David J. Cohen, M.D., Philipp Blanke, M.D., Brian R. Lindman, M.D.  +22, for the EARLY TAVR Trial  
**Investigators\*** [Author Info & Affiliations](#)

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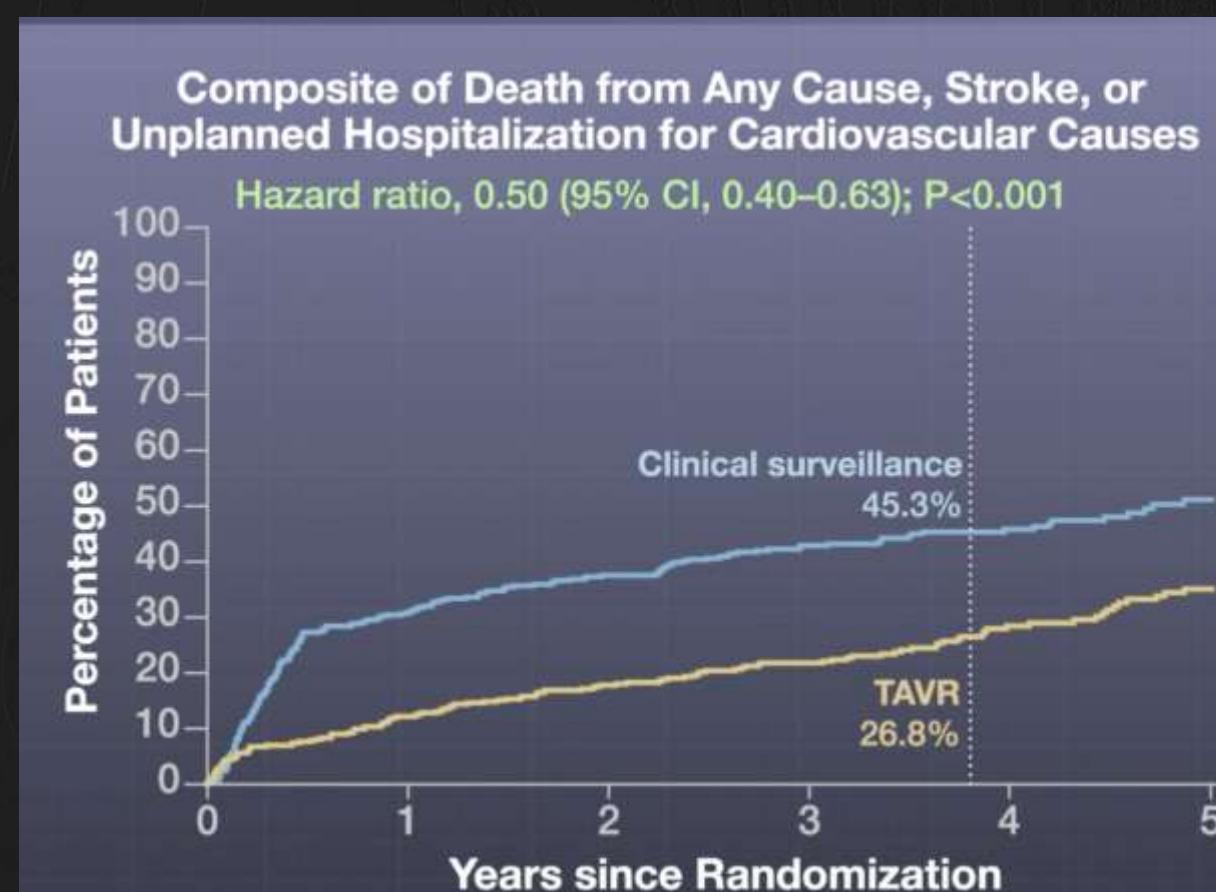
Early  
TAVR

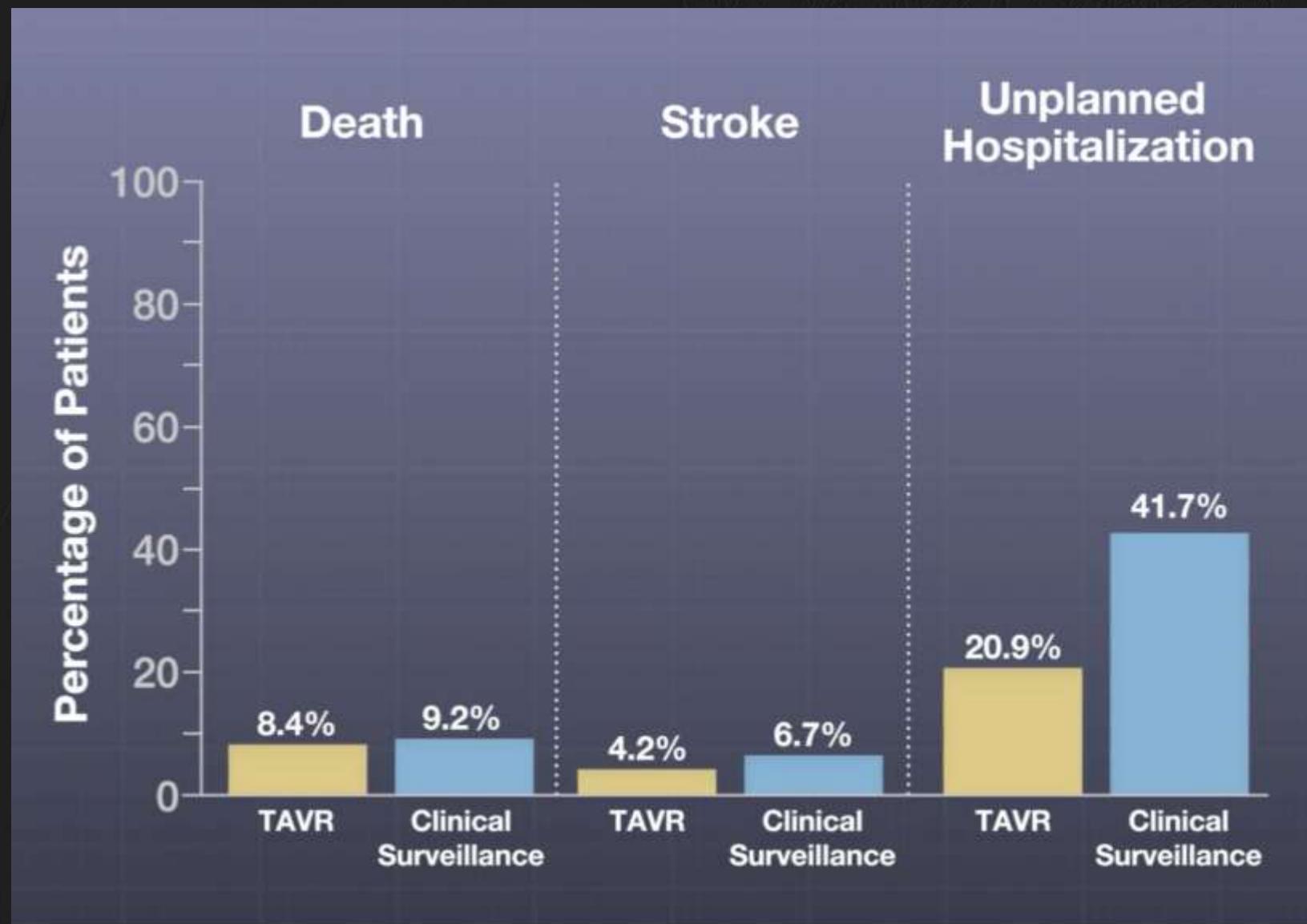
Aortic valve area  $\leq 0.6 \text{ cm}^2/\text{m}^2$

and

Peak vel  $\geq 4 \text{ m/s}$   
or Mean gradient  $\geq 40 \text{ mmHg}$

EF over 50%

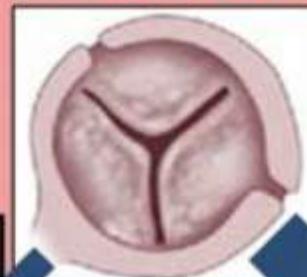




Moderate AS: AV area  $>1\text{ cm}^2$  mean gradient 20.0 to 39.9 mm Hg and/or peak velocity 3.0-3.9 m/s

### True-severe AS

REST

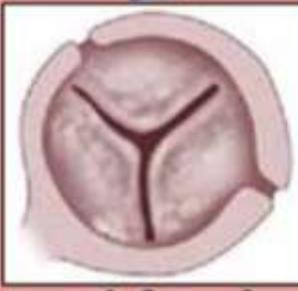


Low-flow

DSE

Flow normalization

AVA

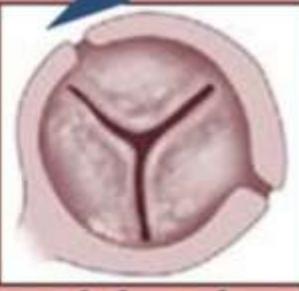


$\leq 1.0\text{ cm}^2$



$<40\text{ mmHg}$

$\Delta P$



$<1.0\text{ cm}^2$



$\geq 40\text{ mmHg}$

### Pseudo-severe AS

REST



Low-flow

DSE

Flow normalization

AVA

$\leq 1.0\text{ cm}^2$



$>1.0\text{ cm}^2$



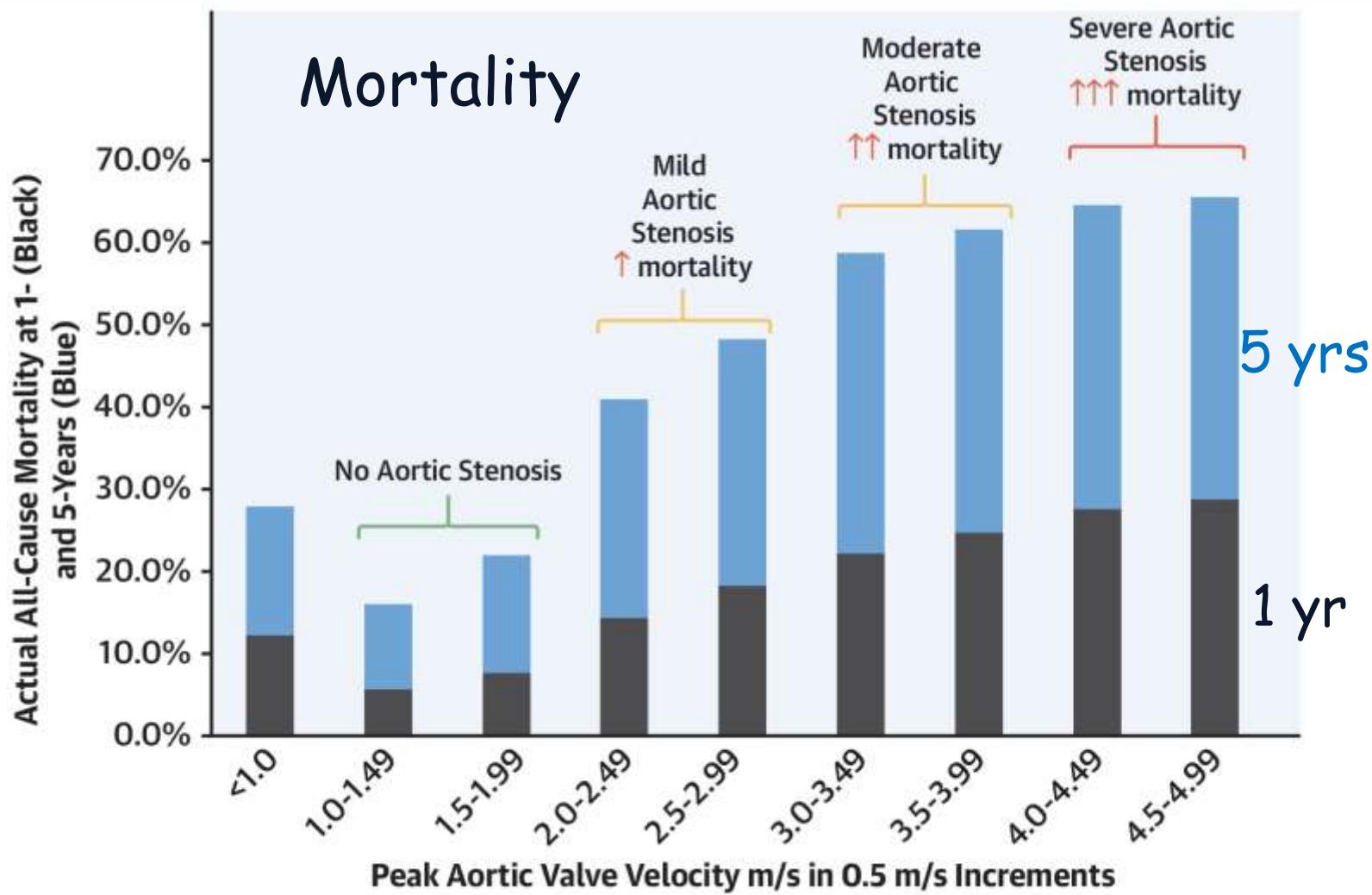
$<40\text{ mmHg}$

$\Delta P$

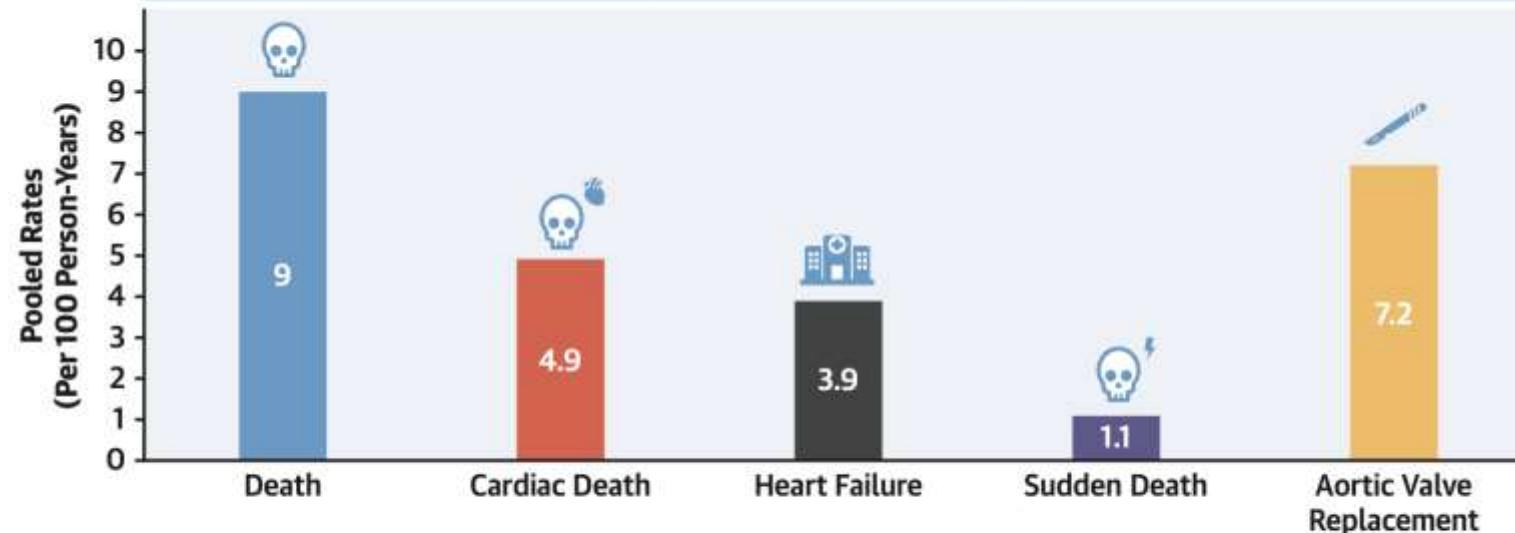


$<40\text{ mmHg}$

Moderate AS: AV area > 1 cm<sup>2</sup> mean gradient 20.0 to 39.9 mm Hg and/or peak velocity 3.0-3.9 m/s



## Clinical Outcomes of Patients With Moderate Aortic Stenosis 25 Studies, N = 12,143



## Patients with reduced EF (heart failure) and moderate AS

***Under the current guidelines, unless patients meet strict criteria for severe AS or have confirmed low-flow low-gradient (LFLG) AS on dobutamine stress echo, they must simply wait for aortic valves to worsen to receive treatment***

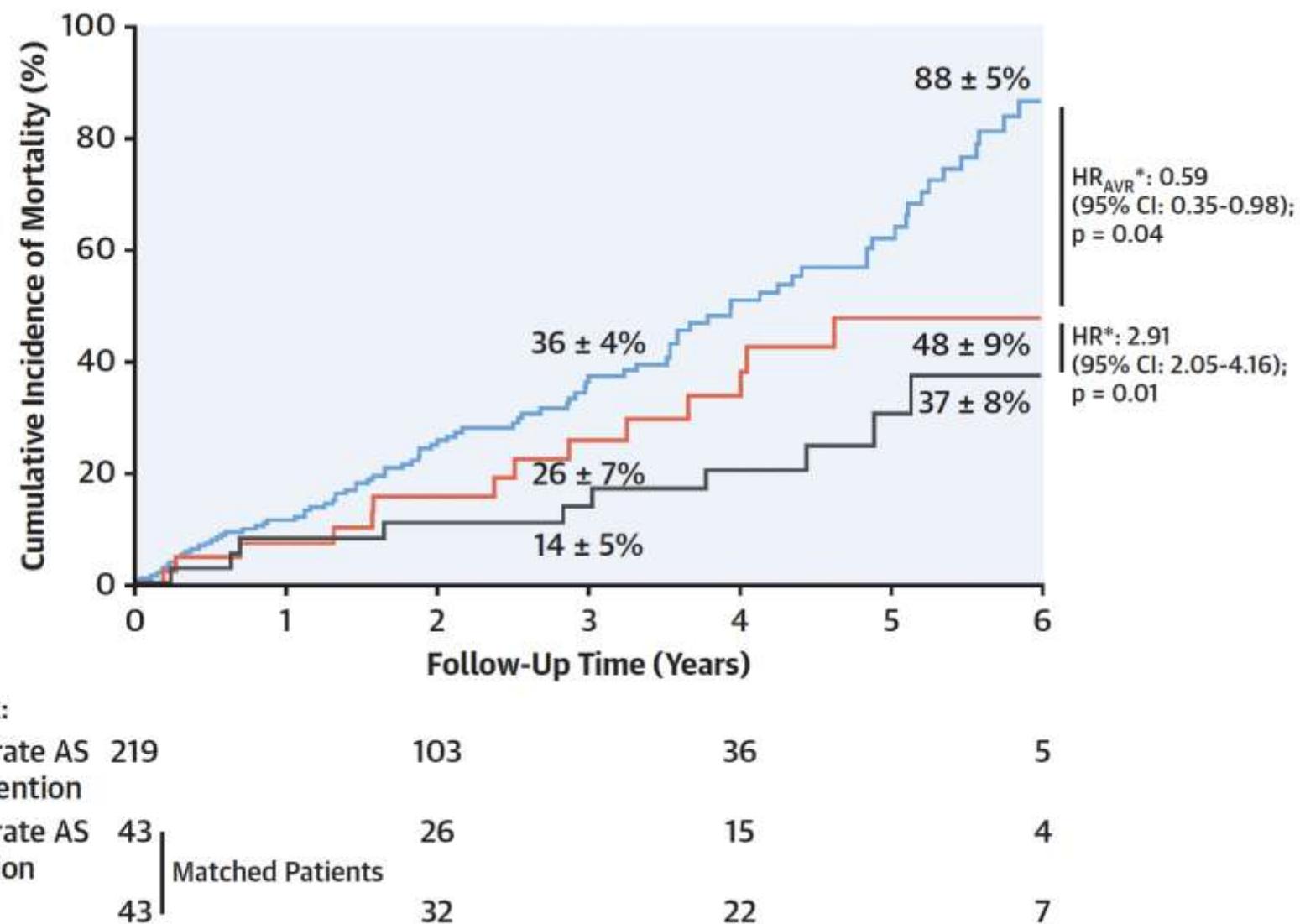
# Transcatheter Aortic Valve Replacement in Patients With Reduced Ejection Fraction and Nonsevere Aortic Stenosis

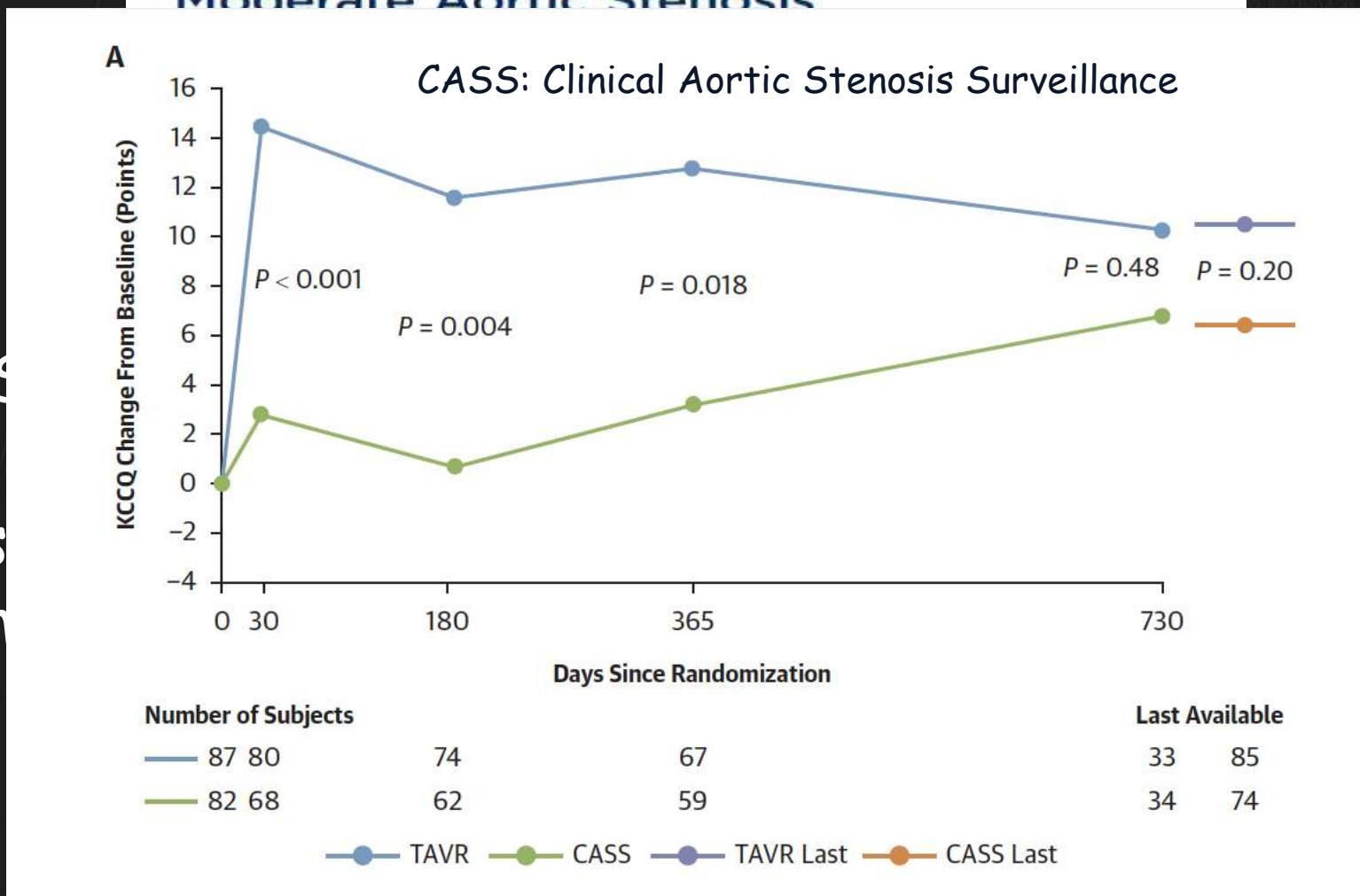
Sebastian Ludwig , MD\*; Niklas Schofer , MD\*; Mohamed Abdel-Wahab , MD; Marina Urena, MD; Guillaume Jean, MD; Matthias Renker, MD; Christian W. Hamm, MD; Holger Thiele , MD; Bernard Jung , MD; Joris F. Ooms , MD; Maya Wiessman , MD; Nils S.B. Mogensen , MD; Benjamin Longère , MD; Nils Perrin, MD; Walid Ben Ali, MD, PhD; Augustin Colsne , MD, PhD; Jordi S. Dahl, MD, PhD; Nicolas M. Van Mieghem , MD; Ran Kornowski , MD; Won-Keun Kim , MD; Marie-Annick Clavel , DVM, PhD

Circ Card  
Interv 2023

*TAVR was a strong independent predictor of overall and cardiovascular survival among patients with reduced LVEF and non severe AS (ie, moderate or pseudo-severe AS).*

*In patients with reduced LVEF and non severe AS, those undergoing TAVR showed significantly lower 2-year all-cause and cardiovascular mortality rates compared with a propensity score-matched cohort of patients on medical management.*



Transcatheter Aortic Valve Replacement  
in Patients With Systolic Heart Failure and  
Moderate Aortic Stenosis

No difference in hard endpoints at a median FU of 23 m

*During the TAVR UNLOAD trial, GDMT changed with the introduction of neprilysin/valsartan and sodium-glucose cotransporter 2 inhibitors. Adoption of these newer HF drugs was limited in the TAVR UNLOAD trial. Whether greater use of these newer drugs would have impacted our findings is unknown, but we believe that any impact on the between group comparisons would be modest owing to the distinct mechanism of benefit of TAVR.*

## EXPAND trial 650 pts

Symptoms

*AND one of the following:*

HF hospitalization within 1 calendar year

NT-proBNP $\geq$ 600 pg/mL (or BNP 80 pg/mL)

LVEF $<$ 60%

GL  $\leq$ 15%

E/e' $\geq$ 14 or  $\geq$ Grade 2 diastolic dysfunction

Stroke volume index  $<$ 35 mL/m<sup>2</sup>

## PROGRESS 750 pts

Symptoms

*OR one of:*

LVEF $<$ 60%

Stroke volume index  $<$ 35 mL/m<sup>2</sup>

$\geq$ Grade 2 diastolic dysfunction

Atrial fibrillation

NT-proBNP $>$ 3x normal

Elevated calcium score

CoreValve

Sapien 3

Presently

Careful surveillance is the way to go: in general

Individual patient decision is the way to go: in practice